

Parenting Can Be Difficult...

The Bridge Youth and Family Services

is offering a 5 week parenting class

Very Important Parenting Skills (VIPS)

for those with children ages 5-11 years old



Caregivers will learn how to:

Gain self-control

Encourage cooperation

Effectively set limits

Understand your child's emotional needs

Communicate more effectively with your child

Improve your relationship with your child

Location:

The Bridge Youth and Family Services
721 S. Quentin Rd., Suite 103
Palatine, IL 60067

Time:

Start Date and Time TBD

To Register Contact:

Danielle Novello, Child and Family
Therapist at (847)485-3076 or
dnovello@bridgeyouth.org

Fee:

\$40 per session (5 sessions total)
Scholarships available
No one turned away due to inability to pay

